

Schedule subject to change
Please sign in at the desk

MAY GYM SCHEDULE

Walkers: 15 Laps = 1 Mile
MaltaParksRec.com

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------|----------------------------|--------------------------------------|--|----------------------------|--|-----------------------------|
| 8:00-9:00 | AM Walk | AM Walk | AM Walk | AM Walk | AM Walk | |
| 9:00-10:00 | Open Gym 18+ | Open Gym 18+ | Open Gym 18+ | Open Gym 18+ | Open Gym 18+ | Family Open Gym Side 1 Only |
| 10:00-11:00 | \$ Go Kids \$ | Tot Open Gym | Tot Open Gym | Tot Open Gym | Tot Open Gym | Family Open Gym Side 1 Only |
| 11:00-12:00 | \$ Go Kids \$ | Family Open Gym | Tot Open Gym | Family Open Gym | Tot Open Gym | Family Open Gym Side 1 Only |
| 12:00-1:00 | Lunch Walk | Lunch Walk | Lunch Walk | Lunch Walk | Lunch Walk | |
| 1:00-3:00 | Open Gym 18+ | Open Gym 18+ | Open Gym 18+ | Open Gym 18+ | \$ Go Kids Home School \$ 1-2pm | |
| 3:00-5:00 | Family Open Gym | \$ Volleyball \$ 3:30 -5:30pm | Family Open Gym | Age 12-17 w/ signed waiver | Age 12-17 w/ signed waiver | |
| 5:00-6:00 | Family Open Gym | \$ Volleyball \$ 3:30 -5:30pm | Family Open Gym | Family Open Gym | Family Open Gym 5:00-5:45pm | |
| 6:00-7:00 | Age 12-17 w/ signed waiver | Family Open Gym | Age 12-17 w/ signed waiver 6:00-6:45pm | Family Open Gym | \$Adult Basketball\$ | |
| 7:00-8:00 | Open Gym 18+ | Open Gym 18+ | Open Gym 18+ | Open Gym 18+ | \$Adult Basketball\$ | |

You must bring your own gym appropriate equipment- clean, dry gym shoes are required.

"\$" Indicates fee based classes that you must preregister for. All *open gym* time slots are FREE of charge.

Tot Open Gym: Children 5 and under with supervising adult (bring appropriate gym equipment).

Family Open Gym: parent/responsible adult and child playing together. Please respect all age groups playing.

\$Volleyball\$: For ages 11+ with adult supervision for drop in games. \$2 for resident, \$3 for non resident

\$Adult Basketball\$: 18+ basketball drop in games- \$4 for resident, \$5 for non resident (Must show ID at front desk when signing in)

All open gym (with the exception of age 12-17 w/ signed waiver) require an adult *inside* the gym

Gym is available for rentals: ANY ORGANIZED GROUP MUST RENT GYM.

*****We are not staffed with an individual to monitor the gymnasium. Times are broken down by age for risk management purposes. It is recommended to call prior to arriving due to potential schedule changes. If the gym is empty during any open time, feel free to inquire at the front desk. It is at the discretion of the supervising staff if they will allow usage of the gym as long as it is understood you may be asked to leave if enough participants in that particular age category arrive.*****