

Schedule subject to change
Please sign in at the desk

JANUARY GYM SCHEDULE

Walkers: 15 Laps = 1 Mile
MaltaParksRec.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-9:00	Walking Time	Walking Time	Walking Time	Walking Time	Walking Time	
9:00-10:00	Open Gym 18+	Open Gym 18+	Open Gym 18+	Family Open Gym	\$ Pickleball \$ Advanced	Family Open Gym Side 1 Only
10:00-12:00	\$ Go Kids \$	Tot Open Gym	Tot Open Gym	\$ Mini Rights Gym \$ 10:45-11:45	\$ Pickleball \$ Advanced	Family Open Gym Side 1 Only
12:00-1:00	Walking Time	\$Pickleball Clinic\$ 12-1:30	Walking Time	Walking Time	Walking Time	
1:00-3:00	Open Gym 18+	\$Pickleball\$ Beginner/Intermediate	Open Gym 18+	\$Pickleball\$ Beginner/Intermediate	\$ Go Kids Home School \$ 1-2pm	
3:00-4:00	Family Open Gym	\$Pickleball\$ Beginner/Intermediate	Family Open Gym	\$Pickleball\$ Beginner/Intermediate	Age 12-17 w/ signed waiver	
4:00-5:00	\$Lil Rockers Soccer\$ 4:30-6	\$Beginner B'ball\$ 4:30-5:15	\$FUNDamental Bball\$ 4:30-5:15	Age 12-17 w/ signed waiver	Family Open Gym	
5:00-6:00	\$Lil Rockers Soccer\$ 4:30-6	\$Minor Leage B'ball\$ 5:15-6:00	\$FUNDamental Bball\$ 5:15-6:00	Family Open Gym	Family Open Gym 5:00-5:45	
6:00-7:00	\$Rockin Soccer\$ 6:00-6:45	\$Soft Stick Lacrosse\$ 6:00-6:45	\$Dream League Hoops\$ 6:00-6:45	Family Open Gym	\$Adult Basketball\$	
7:00-8:00	Open Gym 18+	Open Gym 18+	Open Gym 18+	Open Gym 18+	\$Adult Basketball\$	

You must bring your own gym appropriate equipment- clean, dry gym shoes are required.

"\$" Indicates fee based classes that you must preregister for. All *open gym* time slots are FREE of charge.

Tot Open Gym: Children 5 and under with supervising adult (bring appropriate gym equipment).

Family Open Gym: parent/responsible adult and child playing together. Please respect all age groups playing.

\$Pickleball\$: For ages 18+. \$3 for residents, \$4 for non residents. Limited equipment available for use.

\$Adult Basketball\$: 18+ basketball drop in games- \$4 for resident, \$5 for non resident (Must show ID at front desk when signing in)

All open gym (with the exception of age 12-17 w/ signed waiver) require an adult *inside* the gym

Gym is available for rentals: ANY ORGANIZED GROUP MUST RENT GYM.

We are not staffed with an individual to monitor the gymnasium. Times are broken down by age for risk management purposes. It is recommended to call prior to arriving due to potential schedule changes. If the gym is empty during any open time, feel free to inquire at the front desk. It is at the discretion of the supervising staff if they will allow usage of the gym as long as it is understood you may be asked to leave if enough participants in that particular age category arrive.