

Schedule subject to change  
Please sign in at the desk

# NOVEMBER GYM SCHEDULE

Walkers: 15 Laps = 1 Mile

MaltaParksRec.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-9:00	AM Walk	AM Walk	AM Walk	AM Walk	AM Walk	
9:00-10:00	Open Gym 18+	Open Gym 18+	Open Gym 18+	\$ Pickleball \$	Open Gym 18+	Family Open Gym Side 1 Only
10:00-12:00	\$ Go Kids \$	Tot Open Gym	Tot Open Gym	\$ Pickleball \$	Tot Open Gym	Family Open Gym Side 1 Only
12:00-1:00	Lunch Walk	Lunch Walk	Lunch Walk	Lunch Walk	Lunch Walk	
1:00-3:00	Open Gym 18+	\$ Pickleball \$	Open Gym 18+	Open Gym 18+	\$ Go Kids Home School \$ 1-2pm	
3:00-4:00	Family Open Gym	\$ Pickleball \$	Family Open Gym	Age 12-17 w/ signed waiver	Age 12-17 w/ signed waiver	
4:00-5:00	\$ Soccer \$ 4:30- 6:00	Family Open Gym	\$FUNdamental Bball\$ 4:30-5:15	Age 12-17 w/ signed waiver	Family Open Gym	
5:00-6:00	\$ Soccer \$ 4:30- 6:00	Family Open Gym	\$FUNdamental Bball\$ 5:15-6:00	Family Open Gym	Family Open Gym 5:00-5:45	
6:00-7:00	Age 12-17 w/ signed waiver	Family Open Gym	\$Dream League Hoops\$ 6:00-6:45	Family Open Gym	\$Adult Basketball\$	
7:00-8:00	Open Gym 18+	Open Gym 18+	Open Gym 18+	Open Gym 18+	\$Adult Basketball\$	

You must bring your own gym appropriate equipment- clean, dry gym shoes are required.

"\$" Indicates fee based classes that you must preregister for. All *open gym* time slots are FREE of charge.

**Tot Open Gym:** Children 5 and under with supervising adult (bring appropriate gym equipment).

**Family Open Gym:** parent/responsible adult and child playing together. Please respect all age groups playing.

**\$Pickleball\$:** For ages 18+. \$3 for residents, \$4 for non residents. Limited equipment available for use.

**\$Adult Basketball\$:** 18+ basketball drop in games- \$4 for resident, \$5 for non resident (Must show ID at front desk when signing in)

All open gym (with the exception of age 12-17 w/ signed waiver) require an adult *inside* the gym

Gym is available for rentals: ANY ORGANIZED GROUP MUST RENT GYM.

\*\*\*We are not staffed with an individual to monitor the gymnasium. Times are broken down by age for risk management purposes. It is recommended to call prior to arriving due to potential schedule changes. If the gym is empty during any open time, feel free to inquire at the front desk. It is at the discretion of the supervising staff if they will allow usage of the gym as long as it is understood you may be asked to leave if enough participants in that particular age category arrive.\*\*\*